



## SAFEGUARDING NEWSLETTER – JUNE 2026

### British Values spotlight on:

### *Mutual Respect and Tolerance*

Mutual respect means treating everyone with kindness, even if they're different from us.

Tolerance means accepting those differences.

At school, we can show this by listening to each other, using kind words, and including everyone in our games. Together, we can build a classroom (and a world) where everyone feels safe and respected.



### Child on Child Abuse

Child-on-child abuse is most likely to include, but may not be limited to: bullying (including cyberbullying), abuse in intimate personal relationships between children, physical abuse such as hitting, kicking, shaking, biting, hair pulling, or otherwise causing physical harm, or sexual violence.

The signs of child on child abuse can include the imbalance of power within a relationship, sexual behaviour that is inappropriate and children or young people isolating themselves from family and friends.

Child on child abuse can result in significant, long-lasting trauma, isolation, physical harm, poor mental health, a child missing education, and poor outcomes.

### Danger from Strangers

Evidence shows that children are in fact often in greater danger from people they know, from other children, or on the internet, but abuse and dangerous situations do continue to happen outside the home and it is important to teach your child how to stay safe. It helps to teach your children how to identify and respond to threatening situations.

Children need to understand the difference between strangers who could hurt them and strangers who may help them. Let them know who they can trust if they need help. Explain that they must tell a trusted adult if they have been approached by someone they do not know or if they feel uncomfortable about a situation. Ensure your child is aware of their surroundings, and alert to potential danger when walking or playing outside.

**Do we have your latest details? Have you informed school you have moved house? Do you have a new contact number? Do we hold the latest information about your child's medical needs?**

**LOGIN TO YOUR MCAS ACCOUNT AND UPDATE**



## Self Esteem

Self-esteem is about valuing yourself as a whole person. Here's how you can support yourselves and your children in this journey.

**Celebrate strengths and uniqueness** – we need to ensure we focus on what makes each person special, their talents, and their positive qualities.

**Practise positive reinforcement** – celebrate their effort, progress, and achievements in all areas of their lives, focusing on growth, development and effort – not just outcomes.

**Set realistic goals and celebrate milestones** – setting achievable goals builds confidence. Celebrate even small successes along the way.

**Practice self-compassion** – we all have flaws, and that's okay! Treat yourself and others with kindness and understanding.



## PANTS Rule

The talk PANTS campaign was introduced by the NSPCC to help children understand that their body belongs to them, and they should tell someone they trust if anything makes them feel upset or worried. PANTS is a simple and clever acronym devised to teach children the underwear rule: Privates are private; Always remember your body belongs to you; No means no; Talk about secrets that upset you and Speak up, someone can help.

<https://www.nspcc.org.uk/adv/ice-for-families/pants-underwear-rule/>

## Online Safety Tip:

**Before you...**



**THINK!!**

**T = is it True?**

**H = is it Helpful?**

**I = is it Inspiring?**

**N = is it Nice?**

**K = is it Kind?**

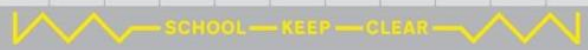
## Road Safety Reminder

We are very aware that the roads around school can get busy at the start and end of the day!

We all want to get our children to school as quickly and safely as possible. We are asking all of our parents and carers to do the following to help ensure the safety of our children.

**Don't block zig-zags!** These yellow lines are there for a reason; they allow children a safe space to see oncoming traffic before they cross.

Parked cars on zig-zags block their view, increasing the risk of accidents.



**Pavement parking is a no-go too!**

Parked cars on the pavement force pedestrians, including children, to walk into the road. This can be especially dangerous around busy junctions. Let's work together to keep our children safe!

## FOR EVERYONE, EVERYWHERE

If you are worried someone is at risk:

Call 01202 123334 during office hours (Monday to Thursday: 8:30 AM - 5:15 PM, Friday: 8:30 AM - 4:45 PM).

Email [childrensfirstresponse@bcpcouncil.gov.uk](mailto:childrensfirstresponse@bcpcouncil.gov.uk).

Out of hours: 01202 738256